

Growing Up in County Durham

A new 3-year strategy for our children, young people and their families to get the most from their lives – to be happy, healthy, safe and achieving

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115,000 children and young people live in County Durham (0-19)

87,300 are of school age

3.1% reduction in 0-15s since 2001.

That's around **2,900** children

1,442 Children known to Early Help
1,992 Children in Need
914 Children Looked After
483 Child Protection Plans

2014 2015 2016 2017 2018 2019 2020

● CIN/10K ● CLA/10K ● CPP/10K

79 1st time entrants to Youth justice system (2019)

179 per 100,000

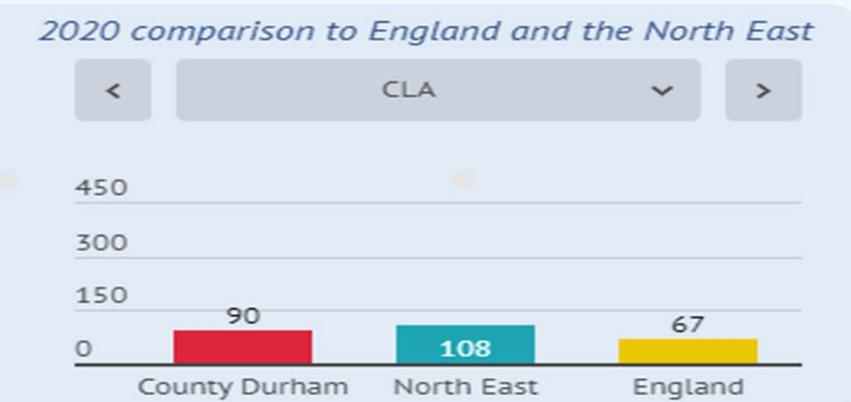
Population

One in Four children live in poverty

16.4% pupils with SEN

3.7% Have an EHCP

That's around **10,400** school age pupils



17% women smoking at time of delivery

500 Not in Employment, Education or Training

- Significantly worse than England average
- Not significantly different to England average
- Significantly better than the England average

Almost **4,800** live births annually

5.8% of school children from minority ethnic groups

Almost **2,000** school pupils with social, emotional and mental health needs (2020)

72% of pupils achieve a good level of development at end of reception

Around **10,000** children with a diagnosable mental health condition?

Growing up in County Durham Strategy County Durham Care Partnership

Built on Evidence – the information and statistics we hold on our children, young people and families and the services they receive / need.

Aims of strategy

- **Joining up services** – with children, young people and families' needs at the centre.
- Support for children, young people and families **to be happy, healthy and achieving** their full potential and **providing help early** where additional support is needed.
- Making sure that every child has the **best start in life** – they are ready to learn at 2 and ready for school at 5 and are able to reach their own potential.
- **Support for teenagers as they move to becoming adults** to ensure they achieve their potential.

Different levels of support to make sure **ALL** children thrive



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Health and Wellbeing Board



County Durham Care Partnership Executive

Wider Partnership interfaces:

- Safe Durham
- Environment and Climate Change
- Economic
- County Durham Together
- Durham Safeguarding Children Partnership

Children, Young People and Families Partnership Board

Chair: John Pearce

Annual reporting relationships:

- Children and Young People's Local Transformation Partnership
- DCC Education and Skills – Secondary Education

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Chair: Edward Kunonga

Service Transformation

Chair: Sarah Burns

Prevention and Early Help

Chair: Martyn Stenton

Best Start in Life

Chair: Dr Jonathan Smith

Transitions

Chair: Helen Fergusson

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What the CYFPB have been focussing on



Best Start in Life

- Self assessment process undertaken to identify how County Durham performing on system level for BSIL – resulting in prioritising:
 - Improving speech language and communication
 - Reducing unintentional Injuries
 - Increasing breastfeeding rates
 - Reduce tobacco dependency in pregnancy
 - Improve perinatal & infant mental health
 - Supporting vulnerable families



What the CYFPB have been focussing on

Prevention and Early Help

- 3 year Supporting Families programme to build resilience of vulnerable families
- 'Turned around' 924 families in 2021/22 (target 730)
- Developed new Early Help assessment based on signs of safety practice model
- Working Together to tackle anti-social behaviour workshop
 - Support implementation of Fearless programme
 - Develop directory of positive/diversionary activities
 - Implementing 'The Curve' programme
- Family Hubs and Start for Life Programme



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What the CYFPB have been focussing on

Service Transformation

- Focus on service transformation and redesign to improve quality for residents including:
 - Maternity Services – continuity of carer model
 - Enhanced parenting support pathway



What the CYFPB have been focussing on

Transitions

- Developed draft 'Transitional Safeguarding Joint Protocol' to support vulnerable young people to adults services
- TEWV are leading on a review of what mental health services are available to children, young adults and their families to gain a better understanding of what services can be accessed in Durham



Coproduction - Working with the whole family

- Coproduction is key component of Wellbeing Approach
- Relationship with CYP&F groups across lifespan of strategy – draft, adoption, outcome monitoring
- Programme of sessions taken place in March / April
- VCS representation on strategy development group
- Feedback incorporated into draft
- Follow up sessions with Youth Council and liC at draft and consultation stages
- Use the fun and food programme to further engage with families during the school summer holidays

What's important to young people, families and carers

Emerging Themes

- Socialising for babies and social time for mams and dads to make new friends
- Having a good education / life and employment skills
- Safe places and time to play
- Relationship breakdowns / blended families – decision making
- Finances / cost of living increases
- Getting along with friends and socialising
- Social media influence/staying safe online



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What's important to young people, families and carers

Services

- Impact of Covid – delays to support services, lockdown was a big challenge
- Accessible facilities / programmes – transport links, hours available, communication channels
- Awareness of support services
- Joint visits / better communication between services



Timeline and next steps

- Initial engagement with CYPF groups and VCS sector – **Feb to April 2022**
- CYPS Overview and Scrutiny session – **5 May 2022**
- Performance Framework development session with CYPFPB subgroup leads – **9 May 2022**
- Strategy Development Group consider draft GuiCD strategy – **13 May 2022**
- Youth Council and United Voice (via liC) check and challenge sessions – **May 2022**
- CYPFPB agree draft GuiCD strategy for wider consultation - **14 June 2022**
- Wider consultation GuiCD strategy – **15 June to 19 August 2022**
 - County Durham Care Partnership Executive Sub Partnership Boards x 3 – **June 2022**
 - HWB – **12 July 2022**
 - Youth Council and United Voice sessions – **July 2022**
 - Summer holiday activity programme engagement opportunities – **July / August 2022**
- Strategy Development Group Session – **w/c 19 September 2022**
- CYPFPB agrees GuiCD 2022-25 – **13 October 2022**



Questions for CYP Overview and Scrutiny

- What words and phrases do you think should be included in a new vision for children, young people and their families?
- What aspirations should we have for our children and young people?
- What things are important as young people get older and become adults?
- What challenges do children, young people and families face?
- What can families and communities do?



Thank you

Any questions?